

### Oglethorpe's Benefit Guide

This Employee Benefit Guide is an overview of the benefits available to you as well as the cost that will be deducted from your paycheck should you choose to elect. Please read it carefully in order to make the best choices for you and your family in the 2025 Plan Year, which will run January 1, 2025 through December 31, 2025.

At this time, Oglethorpe invites you to choose the benefits that best fit your needs. We greatly value our employees and are committed to providing competitive benefits. We are pleased to offer you a wide-ranging package of benefits for 2025. We recognize the important role your benefits play and we continue to make every effort to target the best quality benefit plans for our employees and their families. Our program offers a variety of plans to meet the needs of our diverse workforce. Oglethorpe's benefits are designed to assist in providing for the health, well-being and financial security of you and your covered dependents.

New hires have 30 days from their date of hire to enroll in benefits. Otherwise, open enrollment is your opportunity to enroll in benefits or make changes to your existing benefits. Benefits cannot be changed until the next enrollment period unless you experience a Qualifying Life Event.

### **Summary of Benefits**

Oglethorpe is offering a comprehensive suite of benefits which includes the following:

- » Medical plans are offered through Cigna with a total of three plan options. An OAP (Open Access Plus) with HSA (Health Savings Account), OAP Standard, and OAP Premium.
- » Employer HSA match contribution of \$1,040 per year.
- » Employees can enroll in a Medical and Dependent Care Flexible Spending Account (FSA) if they do not enroll in the OAP with an HSA.
- » Dental is offered through Cigna.
- » Vision is offered through EyeMed.
- » All eligible employees will receive Basic Life and AD&D insurance through New York Life at no cost to the employee. Additional voluntary employee, spouse and/or child life insurance will be offered at a discounted group rate.
- » Employees have access to an Employee Assistance Program (EAP) through New York Life.
- » Long-Term Disability (LTD) benefits are provided to the employee at no cost. Voluntary Short-Term Disability (STD) benefits are available to you on a voluntary basis.
- » Accident, Critical Illness, and Hospital Indemnity Insurance policies are also available to supplement other medical benefit coverages.
- » Medical, dental and vision premiums will be deducted from your paycheck on a pre-tax basis.
- » Employees have access to benefit counselors through Cigna One Guide. These Benefit Counselors will be able to help you navigate through your medical, dental, life & disability options.
- » A 403(b) plan is offered through Lincoln Financial to provide you with the tools and flexibility you need to prepare for retirement.
- » Discounted Pet Insurance Program offered through ASPCA.

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We all work together to make Oglethorpe University a success, and our teamwork extends to your benefits. Your health and well-being are important to us, so we provide benefit options to make your and your family's lives better. Together, let's invest in you. Read over this guide for details on your 2025 benefits. If you have questions, your Human Resources department is here to help.

Important! If you are adding or increasing the Supplemental Life Insurance for yourself or your spouse during Open Enrollment, you will need to submit an Evidence of Insurability form to New York Life.

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In this Guide, we use the term company to refer to Oglethorpe University. This Guide is intended to describe the eligibility requirements, enrollment procedures and coverage effective dates for the benefits offered by the company. It is not a legal plan document and does not imply a guarantee of employment or a continuation of benefits. While this Guide is a tool to answer most of your questions, full details of the plans are contained in the Summary Plan Descriptions (SPDs), which govern each plan's operation. Whenever an interpretation of a plan benefit is necessary, the actual plan documents will be used.

# EMPLOYEE CONTRIBUTIONS



### **BI-WEEKLY**

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### STANDARD  EMPLOYEE + FAMILY	EMPLOYEE + SPOUSE	\$272.26
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EMPLOYEE + FAMILY \$10.35	EMPLOYEE + CHILD(REN)	\$7.04
	EMPLOYEE + FAMILY	\$10.35

ACCIDENT COVERAGE			
BI-WEEKLY CONTRIBUTIONS			
EMPLOYEE ONLY	\$5.76		
EMPLOYEE + SPOUSE	\$10.52		
EMPLOYEE + CHILD(REN)	\$13.82		
EMPLOYEE + FAMILY	\$18.59		

CRITICAL ILLNESS COVERAGE						
BI-WEEKLY CONTRIBUTIONS - \$10,000 BENEFIT						
AGE	EMPLOYEE + EMPLOYEE + CHILDREN FAMILY					
0-29	\$2.22	\$4.48	\$4.71	\$6.97		
30-39	\$3.51	\$7.32	\$6.00	\$9.81		
40-49	\$6.48	\$13.53	\$8.98	\$16.02		
50-59	\$12.57	\$26.79	\$15.06	\$29.28		
60-69	\$19.86	\$41.68	\$22.36	\$44.17		
70-79	\$31.08	\$63.84	\$33.57	\$66.33		
80+	\$53.89	\$121.18	\$56.38	\$123.67		

BI-WEEKLY CONTRIBUTIONS - \$20,000 BENEFIT					
AGE	EMPLOYEE ONLY	EMPLOYEE + SPOUSE	EMPLOYEE + CHILDREN	EMPLOYEE + FAMILY	
0-29	\$4.43	\$8.95	\$9.42	\$13.95	
30-39	\$7.02	\$14.63	\$12.01	\$19.62	
40-49	\$12.97	\$27.06	\$17.96	\$32.05	
50-59	\$25.14	\$53.58	\$30.13	\$58.56	
60-69	\$39.73	\$83.35	\$44.72	\$88.34	
70-79	\$62.15	\$127.67	\$67.14	\$132.66	
80+	\$107.78	\$242.35	\$112.76	\$247.35	

Premiums are based on the Employee's age on the effective date of coverage. Even if the Spouse is in a different age band, the rates are driven off of the employee's age. Children are covered at no additional cost when you elect Employee coverage.

HOSPITAL INDEMNITY COVERAGE				
BI-WEEKLY CONTRIBUTIONS				
EMPLOYEE ONLY \$6.52				
\$16.49				
\$11.01				
\$20.98				

VOLUNTARY LIFE INSURANCE						
RATES/\$1,000 (MONTHLY)						
AGE (AS OF JANUARY 1, 2025)	(AS OF EMPLOYEE (AS OF SPOUSE					
Under 25	\$0.06	Under 25	\$0.06			
25-29	\$0.06	25-29	\$0.06			
30-34	\$0.08	30-34	\$0.08			
35-39	\$0.09	35-39	\$0.09			
40-44	\$0.12	40-44	\$0.12			
45-49	\$0.20	45-49	\$0.20			
50-54	\$0.28	50-54	\$0.28			
55-59	\$0.57	55-59	\$0.57			
60-64	\$0.68	60-64	\$0.68			
65-69	\$1.27	65-69	\$1.27			
70-74	\$2.06	70-74	\$2.06			
75+	\$2.06	75+	\$2.06			

CHILD VOLUNTARY LIFE INSURANCE
RATE/\$1,000 (MONTHLY)
\$0.20

VOLUNTARY STD				
AGE (AS OF JANUARY 1, 2025)				
AGE RANGE STD				
<30	\$0.325			
30-34	\$0.325			
35-39	\$0.325			
40-44	\$0.325			
45-49	\$0.325			
50-54	\$0.325			
55-59	\$0.398			
60-64	\$0.470			
65+	\$0.515			
60-64	\$0.470			

## **ELIGIBILITY & ENROLLMENT**



Oglethorpe University offers a variety of benefits to support you and your family's needs. Choose options that cover what's important to your unique lifestyle.

### Eligibility

If you are a regular full-time Employee of Oglethorpe University who is regularly scheduled to work at least 30 hours per week, you are eligible to participate in the medical, dental, vision, life and disability plans and additional benefits.

### When Does Coverage Begin?

Your elections are effective on the first of the month following your date of hire. You won't be able to change your benefits until the next enrollment period unless you experience a Qualifying Life Event.

### **Eligible Dependents**

Dependents eligible for coverage in the Oglethorpe University benefits plans include:

- » Your legal Spouse (or common-law spouse where recognized).
- » Children up to age 26 (includes birth children, stepchildren, legally adopted children and children for whom legal guardianship has been awarded to you or your Spouse).
- » Dependent children 26 or more years old, unmarried and primarily supported by you and incapable of self-sustaining employment by reason of mental or physical disability which arose while the child was covered as a dependent under this plan (periodic certification may be required).

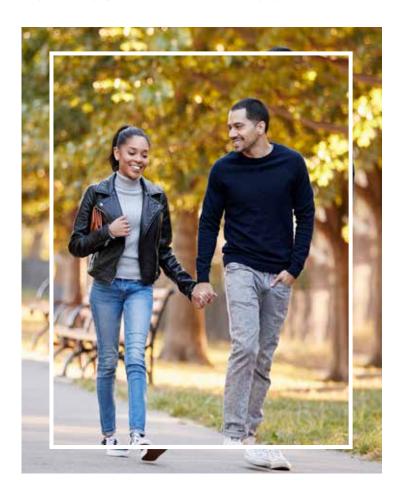
Verification of dependent eligibility is required upon enrollment and may be audited at any time during the plan year.

### **How to Enroll in Benefits**

To enroll in benefits, all eligible employees should log on to Paycom. Use the link below for single sign on access, which allows you to use your OU username and password.

### **Employee site:**

https://www.paycomonline.net/v4/ee/web.php/sso/index/0NB36





Thoughts & Tips: You CANNOT change your benefit selections during the plan year unless you have a Qualifying Life Event, such as marriage and/or the birth or adoption of a child.

### **Enroll Now. You've Got One Shot!**

What are Qualifying Life Events?

Most people know you can change your benefits when you start a new job or during Open Enrollment. But did you know that changes in your life may permit you to update your coverage at other points in the year? Qualifying Life Events (QLEs) determined by the IRS could allow you to enroll in health insurance or change your elections outside of the annual time.

# Common qualifying events include:

A change in your legal marital status (marriage, divorce or legal separation)

A change in the number of your dependents (for example, through birth or adoption, or if a child is no longer an eligible dependent)

A change in your spouse's employment status (resulting in a loss or gain of coverage)

Some lesser-known qualifying events are:

through a parent's plan

A change in your employment status from full time to part time, or part time to full time, resulting in a gain or loss of eligibility

Entitlement to Medicare or Medicaid

Eligibility for coverage through the Marketplace

Changes in your address or location that may affect the coverage for which you are eligible

Changes that make you no longer eligible for Medicaid or the Children's Health Insurance Program (CHIP)

Death in the family (leading to change in dependents or loss of coverage)

When a Qualifying Life Event occurs, you have 30 days to request changes to your coverage. Keep in mind your change in coverage must be consistent with your change in status.

Questions regarding specific life events and your ability to request changes should be directed to Oglethorpe University's Human Resources. Don't miss out on a chance to update your benefits!

## PREPARING FOR ENROLLMENT



As a committed partner in your health, Oglethorpe University absorbs a significant amount of your benefit costs. Your contributions for medical, dental and vision benefits are deducted on a pre-tax basis, lessening your tax liability. Please note that Employee contributions vary depending on level of coverage. Typically, the more coverage you have, the higher your portion.

You may select any combination of medical, dental and/or vision plan coverage. For example, you could select medical coverage for you and your entire family, but select dental and vision coverage only for yourself. The only requirement is that you, as an eligible Employee of Oglethorpe University, must elect coverage for yourself in order to elect any dependent coverage.

### **Enrollment To-Do**



# Update your personal information.

If you've experienced a Qualifying Life Event in the last year, you may need to change your elections or update your details.



# Double-check covered and restricted medications.

If you make any changes to your plan, consider how it affects your prescription coverage.



# Review available plans' deductibles.

Take a look at your options – if you foresee a lot of medical needs this year, you might want a lower deductible. If not, you could switch to a higher deductible and enjoy lower premiums.



### Consider your HSA or FSA.

An HSA or FSA can help cover qualified healthcare costs including dental and vision services and prescriptions. Adding one of these accounts to your benefits can help with your long-term financial goals – and your employer may contribute.



# Check to see if your pharmacy is in-network.

Going in-network often saves you money. Check for any plan changes to make sure your favorite pharmacy is still your best bet and is covered in-network.



### How to Pick a Plan

Which plan is right for you? When deciding, consider any medical needs you foresee for the upcoming plan year, your overall health, and any medications you currently take.

How does an OAP (Open Access Plus) Standard or Premium Plan work?



You'll pay more in premiums out of your paycheck, but perhaps less at the time of service.



You're able to choose from a network of providers who offer a fixed copay for services.



Lower Calendar Year Deductibles and Outof-Pocket Maximums How does an OAP (Open Access Plus) with HSA (Health Savings Account) work?



You'll pay less in premiums. (Think less money from your paycheck.)



You'll pay for the full cost of nonpreventive medical services until you reach your deductible.



You can also use a Health Savings Account in conjunction, which provides a safety net for unexpected medical costs and tax advantages.



If you expect to mostly use preventive care (which is covered), this plan could be for you.



## CIGNA ONE GUIDE SERVICE



Cigna One Guide is a tool that allows employees the ability to connect with a benefit specialist who can help with making better and more informed decisions. Cigna is making it easier than ever to get the coverage you actually need. Their benefit specialists make insurance easier to understand.

# Choose a Cigna Plan With Confidence

Whether you have been, are a current customer or considering Cigna for the first time, we understand how confusing and overwhelming it can be to review your health plan options. And we want to help by providing the resources you need to make a decision with confidence.

That's why Cigna One Guide® is available to you.

Call a Cigna One Guide representative during preenrollment to get personalized, useful guidance.

Your personal guide will help you:

- » Easily understand the basics of health coverage
- » Identify the types of health plans available to you that best meet the needs of you and your family
- » Check if your doctors are in-network to help you avoid unnecessary costs
- » Get answers on any other questions you may have about the plans or provider networks available to you

The best part is, during the enrollment period, your personal guide is just a call away.\*

### Don't wait until the last minute to enroll.

Call **888-806-5094** to speak with a Cigna One Guide representative today.\*

# After enrollment, the support continues for Cigna customers.

Your Cigna One Guide representative will be there to guide you through the complexities of the healthcare system, and help you avoid costly missteps. Our goal is a simpler healthcare journey for you and your family.

## Cigna One Guide service provides personalized assistance to help you:

- » Resolve healthcare issues
- » Save time and money
- » Get the most out of your plan
- » Find the right hospitals, dentists and other healthcare providers in your plan's network
- » Get cost estimates and avoid surprise expenses
- » Understand your bills

Access Cigna One Guide, after enrollment, by visiting the website <a href="https://my.cigna.com/web/public/guest">https://my.cigna.com/web/public/guest</a> or downloading the myCigna app for your mobile device. You can also call 800-244-6224 to speak with customer service.



<sup>\*</sup>During enrollment, personal guides available Monday through Friday, 8:00 am – 9:00 pm EST. Once your coverage begins, call 888-244-6224 to speak with a personal guide. Additional customer service representatives are available 24/7.

## MEDICAL BENEFITS



Medical benefits are provided through Cigna. Choose the plan that works best for your life. Consider the physician networks, premiums and out-of-pocket costs for each plan. Keep in mind your choice is effective for the entire 2025 plan year, unless you have a Qualifying Life Event.

### **Medical Premiums**

Premium contributions for medical are deducted from your paycheck on a pre-tax basis. Your level of coverage determines your bi-weekly contributions. Contribution plan options include Open Access Plus with Health Savings Account (OAP with HSA), OAP Standard, and OAP Premium.

	OAP WITH HSA	OAP STANDARD	OAP PREMIUM			
BI-WEEKLY CONTRIBUTIONS						
EMPLOYEE ONLY	\$39.92	\$66.04	\$165.57			
EMPLOYEE + SPOUSE	\$272.26	\$382.02	\$702.43			
EMPLOYEE + CHILD(REN)	\$245.22	\$348.54	\$608.98			
EMPLOYEE + FAMILY	\$419.35	\$589.05	\$1,037.49			

### How to Find a Provider

Visit <u>Cigna.com</u> or call Customer Care at 800-244-6224 for a current list of Cigna network providers.

- Then, under "How are you Covered?" select "Employer." (If you're already a Cigna customer, log in to <a href="maycigna.com">myCigna.com</a> or the <a href="maycigna">myCigna.com</a> app to search your current plan's network. To search other networks, use the <a href="maycigna.com">Cigna.com</a> directory.)
- **STEP 2:** Change the geographic location to the city/state or zip code you want to search. Select the search type and enter a name, specialty or other search term. Click on one of our suggestions or the magnifying glass icon to see your results.
- **STEP 3:** Answer any clarifying questions, and then verify where you live (as that will determine the networks available).
- STEP 4: Select "Open Access Plus, OA Plus, Choice Fund OA Plus." Your search results will appear. Select a provider from the list displayed.

That's it! You can also refine your search results by distance, years in practice, specialty, languages spoken, and more.





Thoughts & Tips: Most preventive care offered by an in-network physician is covered at 100%.

### **Medical Plan Summary**

This chart summarizes the 2025 medical coverage provided by Cigna. All covered services are subject to medical necessity as determined by the plan. Please be aware that all out-of-network services are subject to Reasonable and Customary (R&C) limitations.

	OAP WITH HSA OAP STANDARD OA		OAP PR	PREMIUM	
	IN-NETWORK ONLY	IN-NETWORK ONLY	IN-NETWORK	OUT-OF-NETWORK	
CALENDAR YEAR DEDUCTIBLE					
INDIVIDUAL	\$3,300	\$2,000	\$2,500	\$5,000	
FAMILY	\$6,600	\$4,000	\$5,000	\$10,000	
COINSURANCE (PLAN PAYS)	90%	80%	80%	60%	
CALENDAR YEAR OUT	-OF-POCKET MAXIMUM (MAX	(IMUM INCLUDES DEDUCTIBL	_E)		
INDIVIDUAL	\$4,000	\$5,000	\$6,000	\$12,000	
FAMILY	\$8,000	\$10,000	\$12,000	\$24,000	
COPAYS (YOU PAY)/CO	DINSURANCE (PLAN PAYS)				
PREVENTIVE CARE	100%	100%	100%	60%*	
PRIMARY CARE	90%*	\$25 copay	\$30 copay	60%*	
SPECIALIST SERVICES	90%* referrals required	\$35 copay	\$40 copay	60%*	
URGENT CARE	90%*	\$50 copay	\$60 copay	60%*	
EMERGENCY ROOM	90%*	\$250 copay, waived if admitted	\$250 copay, wa	ived if admitted	

#### \*After deductible

The individual deductible amount must be met by each member enrolled under your medical coverage. If you have several covered dependents, all charges used to apply toward a "per individual" deductible amount will also be applied toward the "per family" deductible amount. When the family deductible amount is reached, no further individual deductibles will have to be met for the remainder of that plan year. No member may contribute more than the individual deductible amount to the "per family" deductible amount. The same typically applies for the out-of-pocket maximum.



## **OUT-OF-POCKET COSTS**

### **Deductible** Copay The amount you must pay for covered services before The fixed amount you pay for healthcare your insurance starts paying its portion. services at the time you receive them. **UP TO DEDUCTIBLE** 100% Know before you go: **Paying for services** Out-of-Coinsurance **Pocket** Your percentage of the cost of a covered Maximum service. If your office The most you will pay visit is \$100 and your during the plan year coinsurance is 20% (and before your insurance you've met your deductible begins to pay 100% of the but not your out-of-pocket allowed amount. maximum), your payment would be \$20. UP TO THE OUT-OF-POCKET **MAXIMUM** % PLAN PAYS PLAN PAYS 100% THROUGH AFTER END OF OUT-OF-POCKET PLAN YEAR MAXIMUM IS REACHED **AFTER DEDUCTIBLE** IS REACHED

### **Healthcare Cost Transparency**

With options like the OAP with HSA Plan and Flexible Spending Accounts, your healthcare spending is in your control. But with so many providers and varying costs for services, how do you decide where to go? Healthcare cost transparency tools are online services available through most health insurance carriers that allow consumers to compare costs for medical services, from prescriptions to major surgeries, to make choices easier. To learn more, visit <a href="https://www.myCigna.com">www.myCigna.com</a> or call 866-494-2111.

### **Rising Costs of Healthcare**

The cost of healthcare in the U.S. has been steadily growing each year. Why? Some of the factors include an aging population, increased demand for care (resulting in higher prices for premiums and prescription drugs) and an increase in chronic illnesses. **Oglethorpe University wants to help keep you healthy, so we do our best to keep your healthcare costs reasonable.** Make sure you're informed about your options so you can make the best healthcare choices for you and your family. Placing an importance on preventive care, making healthy choices, and managing costs will help keep your health — and wallet — in control in the long run.



Thoughts & Tips: The cost of an MRI can vary between \$300 and \$3,000 — even within your area. It's your healthcare with options, so shop around for the best option in your area.

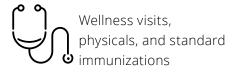


## PREVENTIVE CARE



Most health plans are required to cover a set of preventive services — at no cost to you!

Screening tests and routine checkups are considered preventive, which means they're often paid at 100%. Keep up to date with your primary care physician to save time and money and keep yourself healthier in the long run. Under the U.S. Patient Protection and Affordable Care Act (PPACA), some common covered services include:

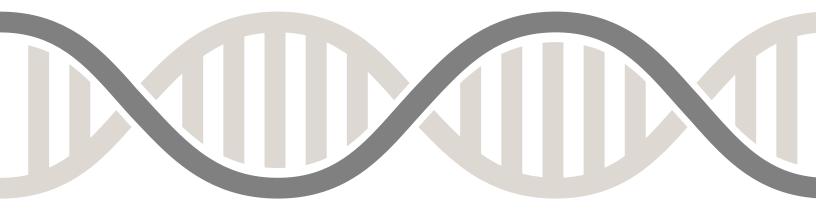




Screenings for blood pressure, cancer, cholesterol, depression, obesity, and diabetes



Pediatric screenings for hearing, vision, obesity, and developmental disorders





Anemia screenings, breastfeeding support, and pumps for pregnant and nursing women



Iron supplements (for children ages 6 to 12 months at risk for anemia)

Take advantage of these covered services. However, remember that diagnostic care to identify health risks is covered according to plan benefits, even if done during a preventive care visit. This means if your doctor finds a new condition or potential risk during your appointment, the services may be billed as diagnostic medicine and result in some out-of-pocket costs. Read over your benefit summary to see what specific preventive services are provided to you.

## WHERE TO GO FOR CARE

You think you may be sick, but your primary care physician is booked through the end of the month. You have a question about the side effects of a new medication, but the pharmacy is closed. Instead of immediately choosing an expensive trip to the emergency room or relying on questionable information from the internet, take a look below at various care center resources and the types of care they provide.





### When would I use this?

You need routine care or treatment for a current health issue. Your primary doctor knows you and your health history, can access your medical records, provide routine care, and manage your medications.

## What type of care would they provide?\*

- » Routine checkups
- » Preventive services
- » Immunizations
- Manage your general health

## What are the costs and time considerations?\*\*

- » Often requires a copay and/or coinsurance
- » Normally requires an appointment
- » Usually little wait time with scheduled appointment



### When would I use this?

You need a quick answer to a health issue that does not require immediate medical treatment or a physician visit.

## What type of care would they provide?\*

Answers to questions regarding:

- » Symptoms
- » Medications and side effects
- » Self-care home treatments
- When to seek care

## What are the costs and time considerations?\*\*

- » Nurse lines are usually available 24 hours a day, 7 days a week.
- » This service is usually free as part of your medical insurance.



### When would I use this?

You need care for minor illnesses and ailments, but would prefer not to leave home. These services are available by phone and online (via webcam).

## What type of care would they provide?\*

- Cold & flu symptoms
- » Urinary tract infection
- Allergies
- » Sinus problems
- » Bronchitis

## What are the costs and time considerations?\*\*

- » There is usually a first-time consultation fee and a flat fee or copay for any visit thereafter.
- » Access to care is usually immediate.
- Some states may not allow for prescriptions through telemedicine or virtual visits.





#### When would I use this?

You need care quickly, but it is not a true emergency. Urgent care centers offer treatment for non-life-threatening injuries or illnesses.

### What type of care would they provide?\*

- » Strains, sprains
- » Minor broken bones (e.g., finger)
- » Minor infections
- » Minor burns
- X-rays

### DO YOUR HOMEWORK

What may seem like an urgent care center could actually be a standalone ER. These newer facilities come with a higher price tag, so ask for clarification if the word "emergency" appears in the company name.

## What are the costs and time considerations?\*\*

- » Often requires a copay and/or coinsurance that is usually higher than an office visit
- Walk-in patients
   welcome, but waiting
   periods may be longer
   as patients with more
   urgent needs will be
   treated first

## What are the costs and time considerations?\*\*

- » Often requires a much higher copay and/or coinsurance
- » Open 24/7, but waiting periods may be longer because patients with life-threatening emergencies will be treated first





#### When would I use this?

You need immediate treatment for a serious life-threatening condition. If a situation seems life threatening, call 911 or your local emergency number right away.

## What type of care would they provide?\*

- Heavy bleeding
- » Chest pain
- » Major burns
- Spinal injuries
- Severe head injury
- » Broken bones
- \*This is a sample list of services and may not be all-inclusive. \*\*Costs and time information represent averages only and are not tied to a specific condition or treatment.

## VIRTUAL MEDICINE



When you're sick, the last thing you want to do is leave the cozy comfort of your home. Or sometimes you're just too on the go to pop in for a visit. Virtual medicine is a convenient and easy way to talk to a doctor fast.

### **Telemedicine**

We provide a telemedicine benefit through Cigna to you and your dependents. Cigna offers on-demand access to board-certified doctors through online video, telephone or secure email. You and your family can be treated for general health issues at home. Telemedicine is useful for after-hours non-emergency care, when your primary care doctor is unavailable, if you need prescriptions or refills or if you're traveling. Please note that some states do not allow physicians to prescribe medications via telemedicine. For more information, visit <a href="https://www.myCigna.com">www.myCigna.com</a>.

The cost for these services depend on the medical plan elected. If considered a preventive appointment, insurance will cover 100% of the appointment fee. Cigna partners with MDLive. MDLive provides cost transparency for the customer at the point of entry into MDLive before an appointment.

Cigna doctors can treat many medical conditions, including:

- » Cold & flu
- » Respiratory infection
- » Bronchitis
- » Sinus problems
- » Urinary tract infection

### **Virtual Visits**

A virtual visit with Cigna lets you see and talk to a doctor from your phone, tablet or computer without an appointment. Most visits take about 10-15 minutes, and doctors can write a prescription (in participating states). Try a virtual visit when your doctor is not available or you're traveling.

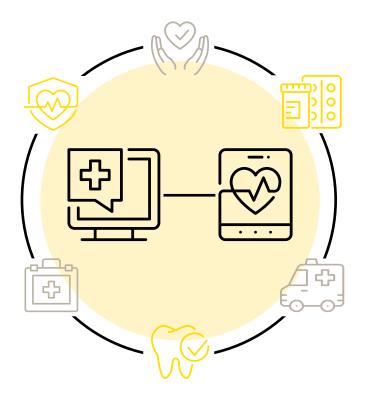
Doctors can diagnose and treat a wide range of nonemergency medical conditions, including:

- » Bladder infection/ Urinary tract infection
- » Rash
- » Bronchitis
- » Sinus problems

» Sore throat

- » Cold/flu
- Pink eye

» Stomachache



### **Access Virtual Visits**

Visit <a href="www.myCigna.com">www.myCigna.com</a> to request a virtual visit. Once you register and request a consult, you will pay your portion of the service costs according to your medical plan, and then enter a virtual waiting room. During your visit you can talk to a doctor about your health concerns, symptoms and treatment options. The cost for these services depend on the medical plan elected. If considered a preventive appointment, insurance will cover 100% of the appointment fee. Cigna partners with MDLive. MDLive provides cost transparency for the customer at the point of entry into MDLive before an appointment.

Virtual visits aren't good for conditions requiring an exam or test, complex or chronic problems, or emergencies, including sprains or broken bones.

## PHARMACY BENEFITS

### **Prescription Drug Coverage for Medical Plans**

Our Prescription Drug Program is coordinated through Cigna. That means you will only have one virtual ID card for both medical care and prescriptions. Information on your benefits coverage and a list of network pharmacies is available online at <a href="https://www.myCigna.com">www.myCigna.com</a> or by calling the Customer Care number on your ID Card. Your cost is determined by the tier assigned to the prescription drug product. Products are assigned as Generic, Preferred Brand, Non-Preferred Brand or Non-Preferred Specialty.

	OAP WITH HSA	OAP STANDARD	OAP PREMIUM	
	IN-NETWORK ONLY	IN-NETWORK ONLY	IN-NETWORK	OUT-OF-NETWORK
RETAIL RX (30-DAY SU	PPLY)			
GENERIC	90% covered*	\$15 copay	\$15 copay	Not covered
PREFERRED BRAND	90% covered*	\$25 copay	\$25 copay	Not covered
NON-PREFERRED BRAND	90% covered*	\$40 copay	\$40 copay	Not covered
NON-PREFERRED SPECIALTY	90% covered*	Plan pays 80% up to \$300 max	Plan pays 80% up to \$300 max	Not covered
MAIL ORDER RX (90-D	AY SUPPLY)			
GENERIC	90% covered*	\$30 copay	\$30 copay	Not covered
PREFERRED BRAND	90% covered*	\$50 copay	\$50 copay	Not covered
NON-PREFERRED BRAND	90% covered*	\$80 copay	\$80 copay	Not covered
NON-PREFERRED SPECIALTY	90% covered*	Plan pays 80% up to \$300 max	Plan pays 80% up to \$300 max	Not covered

<sup>\*</sup>After deductible

### **Generic Drugs**

Looking to save money on medication costs? You've most likely heard that generic prescription drugs are a more affordable option. Generic drugs are versions of brand-name drugs with the exact same dosage, intended use, side effects, route of administration, risks, safety and strength. Because they are the same medicine, generic drugs are just as effective as brand-name drugs and undergo the same rigid FDA standards. But on average, **a generic version costs**80% to 85% less than the brand-name equivalent. To find out if there is a generic equivalent for your brand-name drug, visit <a href="https://www.fda.gov">www.fda.gov</a>.

You can find a cost comparison tool at <a href="www.myCigna.com">www.myCigna.com</a> to assist in comparing medical and pharmacy prices. The OAP with HSA plan will cover certain preventive generic prescription drugs at no cost to you. All other prescription drugs covered by the OAP with HSA plan are covered at 100% after reaching your deductible. The OAP Standard and OAP Premium plans cover prescription drugs with either a copay or 80% up to \$300 maximum depending on drug tier. Prescription drug prices are negotiated by Cigna and will provide savings over paying at full retail costs.

Note: Apps such as GoodRx and RxSaver let you compare prices of prescription drugs and find possible discounts. If you use these tools, make sure to check the price against the cost through your insurance to get the best deal. Note that these discounts can't be combined with your benefit plan's coverage. As a result, if you choose to use a discount card from an app such as GoodRx or RxSaver, the amount you pay will not count toward your deductible or out-of-pocket maximum under the benefit plan.

## **HEALTH SAVINGS ACCOUNT**



A Health Savings Account (HSA) is a personal healthcare bank account used to pay for qualified medical expenses. You own your HSA account. HSA contributions and withdrawals for qualified healthcare expenses are tax-free. You must be enrolled in an High Deductible Health Plan (HDHP) to participate.

Your HSA can be used for qualified expenses for you, your spouse, and/or tax dependent(s), even if they are not covered by your plan. If you are not currently enrolled in the OAP with HSA but you have unused HSA funds from a previous account, those funds can still be used for qualified expenses.

WEX will issue you a debit card, giving you direct access to your account balance. Use your debit card to pay for qualified medical expenses, with no need to submit receipts for reimbursement. You must have a balance in your HSA account to use the card.

Eligible expenses include doctor's visits, eye exams, prescription expenses, over-the-counter medications, and more. Check out IRS Publication 502 on <a href="https://www.irs.gov">www.irs.gov</a> for a complete list of eligible expenses.

Pre-tax Paycheck Contributions

Employer Contributions (pre-tax)



Tax-free Payments for qualified medical expenses

Unused funds roll over annually

### **Eligibility**

You are eligible to contribute to an HSA if:

- you are enrolled in an HSA-eligible High Deductible Health Plan.
- you are not covered by your Spouse's or parent's non-HDHP.
- » You or your Spouse does not have a Healthcare Flexible Spending Account or Health Reimbursement Account.
- you are not eligible to be claimed as a dependent on someone else's tax return.
- » You are not enrolled in Medicare or TRICARE.
- » You have not received Department of Veterans Affairs medical benefits in the past 90 days for non-service-related care. (Service-related care will not be taken into consideration.)

### You Own Your HSA

Your HSA is a personal bank account that you own and manage. You decide how much you contribute, when to use the money for medical services and when to reimburse yourself. You can save and roll over HSA funds to the next year if you don't spend them all in the calendar year. You can even let funds accumulate year over year to use for eligible expenses in retirement. HSA funds are also portable if you change plans or jobs. There are no vesting requirements (you own all contributed HSA funds immediately) or forfeiture provisions (you keep all HSA funds whether you leave the company or retire).

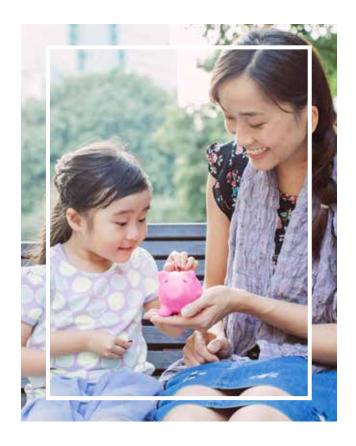
### **How to Enroll**

To enroll in Oglethorpe University's HSA, you must elect the HDHP with Oglethorpe University. Submit all HSA enrollment materials and choose the amount to contribute on a pre-tax basis. Oglethorpe University will establish an HSA account in your name and send in your contribution once bank account information has been provided and verified.

### Plan. Spend. Save.

Contributions to an HSA can be made through payroll deduction on a pre-tax basis when you open an account with WEX. The money in this account (including interest and investment earnings) grows tax-free. When the funds are used for qualified medical expenses, they are spent tax-free.

If you withdraw funds from the account for non-medical expenses, you will be subject to a penalty. At age 65, however, any unused funds in your HSA can be withdrawn without penalty for non-medical purposes. If you withdraw the funds in your HSA after age 65, you would be subject to normal income tax on the money in the account, but you would not be limited to using the money solely for medical-related expenses.



### **HSA Funding Limits**

The IRS places an annual limit on the maximum amount that can be contributed to HSAs. For 2025, contributions (which include any employer contribution) are limited to the following:

EMPLOYEE	\$4,300
FAMILY	\$8,550
CATCH-UP CONTRIBUTION (AGES 55+)	\$1,000

Oglethorpe University will match employee contributions dollar for dollar up to \$1,040 per year or \$40 per paycheck.

# EMPLOYER HSA CONTRIBUTION MATCH \$1 for \$1 up to \$1,040

Any matching contributions will become available on a per pay period basis.

HSA contributions in excess of the IRS annual contribution limits (\$4,300 for individual coverage and \$8,550 for family coverage for 2025) are not tax deductible and are generally subject to a 6% excise tax.

You are responsible for making sure your contributions are within IRS limits, and depending on your situation, those limits may change throughout the year.

If you've contributed too much to your HSA this year, you have two options:

- » Remove the excess contributions and the net income attributable to the excess contribution before you file your federal income tax return (including extensions). You'll pay income taxes on the excess removed but won't have to pay a penalty tax.
- » Leave the excess contributions in your HSA and pay 6% excise tax on them. Next year consider contributing less than the annual limit to your HSA to make up for the excess contribution during the previous year.

The Oglethorpe University HSA is established with WEX. You may be able to roll over funds from another HSA. For more enrollment information, contact Human Resources or visit <a href="https://www.wexinc.com">www.wexinc.com</a>.



Thoughts & Tips: Because HSA funds never expire, contributing your annual maximum to your HSA can help you save to pay for healthcare expenses tax-free after retirement.

## FLEXIBLE SPENDING ACCOUNTS



Flex your spending power! A Flexible Spending Account (FSA) is a special tax-free account you put money into to pay for certain out-of-pocket expenses.

# Healthcare Flexible Spending Account

You can contribute up to \$3,300 annually for qualified medical expenses (deductibles, copays, coinsurance, menstrual products, PPE, over-the-counter medications, etc.) with pre-tax dollars, which reduces your taxable income and increases your take-home pay. You can even pay for eligible expenses with an FSA debit card at the same time you receive them — no waiting for reimbursement.



Thoughts & Tips: The Dependent Care FSA is not to be used for medical expenses, nor is it the same as electing medical coverage for dependents.

# Dependent Care Flexible Spending Account

In addition to the Healthcare FSA, you may opt to participate in the Dependent Care FSA — even if you don't elect any other benefits. Set aside pre-tax funds into a Dependent Care FSA for expenses associated with caring for elderly or child dependents. Unlike the Healthcare FSA, reimbursement from your Dependent Care FSA is limited to the total amount that is currently deposited in your account.

- » With the Dependent Care FSA, you can set aside up to \$5,000 to pay for child or elder care expenses on a pre-tax basis.
- » Eligible dependents include children under 13 and a spouse or other individual who is physically or mentally incapable of self-care and has the same principal place of residence as the employee for more than half the year.
- » You must provide the tax identification number or Social Security number of the party providing care to be reimbursed.

This account covers dependent day care expenses that are necessary for you and your Spouse to work or attend school full time. Eligible expenses include:

- » In-home babysitting services (not provided by a dependent)
- » Care of a preschool child by a licensed nursery or day care provider
- » Before- and after-school care
- » Day camp
- » In-house dependent day care

Due to federal regulations, expenses for your domestic partner and your domestic partner's children may not be reimbursed under the FSA programs. Check with your tax advisor to determine if any exceptions apply.

### How to Use the Account

You can use your FSA debit card at doctor and dentist offices, pharmacies, and vision service providers. It cannot be used at locations that do not offer services under the plan unless the provider has also complied with IRS regulations. The transaction will be denied if you attempt to use the card at an ineligible location.

Once you incur an eligible expense, submit a claim form along with the required documentation. Contact WEX with reimbursement questions. If you need to submit a receipt, you will be notified by WEX. Always retain a receipt for your records.

While FSA debit cards allow you to pay for services at the point of sale, they do not remove the IRS regulations for substantiation. Always keep receipts and Explanation of Benefits (EOBs) for any debit card charges. Without proof that an expense was valid, your card could be turned off, and your expense deemed taxable.

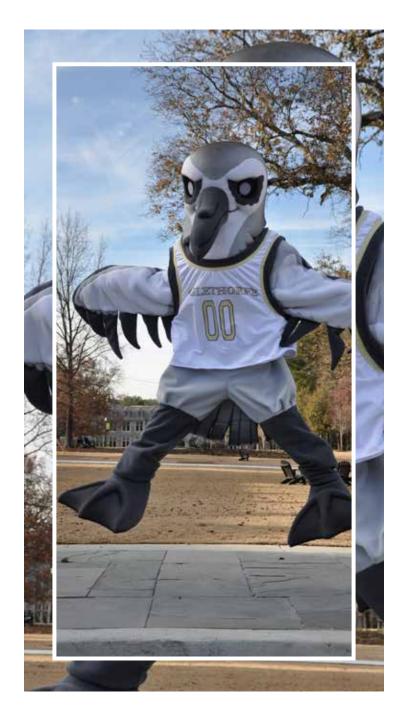
### **General Rules**

The IRS has the following rules for Healthcare and Dependent Care FSAs:

- » Expenses must occur during the 2025 plan year.
- » Funds cannot be transferred between FSAs.
- » You cannot participate in a Dependent Care FSA and claim a dependent care tax deduction at the same time.
- you must "use it or lose it" any unused funds will be forfeited.
- you cannot change your FSA election in the middle of the plan year without a Qualifying Life Event.
- » Terminated employees have ninety (90) days following termination to submit FSA claims for reimbursement.
- » Those considered highly compensated employees (family gross earnings were \$155,000 or more last year) may have different FSA contribution limits. Visit www.irs.gov for more info.

### **Grace Period**

- » FSA participants have an additional 2 1/2-month grace period to incur expenses after the plan year ends (December 31, 2025).
- » If an expense is incurred during the grace period between January 1, 2026 and March 15, 2026 AND submitted for reimbursement on or before March 31, 2026, any remaining balance in the previous 2025 plan year that ended December 31, 2025 will be paid out from the claim, even though the service was provided in the NEW 2026 plan year.
- » The grace period applies to both the Dependent Care and Healthcare FSAs.



## FSA VS HSA

### **Flexible Spending Accounts**

Your employer owns your FSA. If you leave your employer, you lose access to the account unless you have a COBRA right.



### **Health Savings Accounts**

You own your HSA. It is a savings account in your name, and you always have access to the funds, even if you change jobs.

You can elect a Healthcare FSA even if you waive other coverage. You cannot make changes to your contribution during the Plan Year without a Qualifying Life Event. You cannot be enrolled in both a Healthcare FSA and an HSA.



You must be enrolled in a Qualified High Deductible Health Plan to be eligible to contribute money to your HSA. You cannot be covered by a Spouse's FSA or enrolled in Medicare or TRICARE. You can change your contribution at any time during the Plan Year.

FSA contributions are tax-free via payroll deduction. Funds are spent tax-free when used for qualified expenses.



For Federal tax purposes, the money in the account is "triple tax-free," meaning: 1. Contributions are tax-free. 2. The account grows tax-free. 3. Funds are spent tax-free (if used for qualified expenses).

Both you and your employer can contribute to the account according to IRS limits. The contribution for the Healthcare FSA for 2025 is \$3,300.



Both you and your employer can contribute to the account according to IRS limits. The contribution limit for 2025 is \$4,300 for individuals and \$8,550 for families. This amount includes the employer contribution. If you are 55 or older, you may make a "catch-up" contribution of \$1,000 per year.

Some plans include an FSA debit card to pay for eligible expenses. If not, you pay up front and submit receipts for reimbursement.



Many HSAs include a debit card to pay for qualified expenses directly. Alternatively, you can save funds for future expenses or retirement.

Any unclaimed funds at the end of the year are forfeited. Exceptions include an additional 2.5-month grace period for expenses to be incurred and reimbursed.



HSA funds roll over from year to year. Funds are always yours and may be used for future qualified expenses — even in retirement years.

Physician services, hospital services, prescriptions, menstrual products, PPE, over-the-counter medications, dental care, and vision care. A full list is available at <a href="https://www.irs.gov">www.irs.gov</a>.



Physician services, hospital services, prescriptions, menstrual products, PPE, over-the-counter medications, dental care, vision care, Medicare Part D plans, COBRA premiums, and long-term care premiums. A full list is available at www.irs.gov.

### Other types of FSAs include:

- » Dependent Care FSA allows you to set aside pre-tax dollars for elder or child dependent care.
- » Limited Use FSA can be used to pay for eligible dental and vision expenses.



There is only one type of HSA.

## **WELLNESS**



In addition to your Employee Assistance Program through New York Life, your medical provider has resources for your overall wellness and mental health. Your mind and body are connected. Your thoughts, feelings and actions affect your overall well-being. We're committed to helping you achieve and maintain optimal mental, physical, and emotional health.

Through the Cigna MotivateMe® program, your employer provides you with financial rewards for the healthy actions you take. The goal is to keep you motivated to get your annual check-up, know your key health numbers and, ultimately, take control of your health. Cigna MotivateMe® is a voluntary wellness program available to all employees, administered according to federal rules permitting employer-sponsored wellness programs that seek to improve employee health or prevent disease.

Below are some of the simple activities you can complete to start earning rewards.

# 1. Get your annual preventive check-up.

Your annual preventive check-up can help catch health issues before they become more serious. Most medical plans cover annual check-ups at 100% when received from an in-network healthcare provider.\*

# 2. Complete your online health assessment.

The online health assessment is an easy-to-answer, online questionnaire that provides a snapshot of your health, and recommends steps for improvement. It should take about 15 minutes to complete.

To complete your online health assessment, log in to <a href="myCigna.com">myCigna.com</a> and select the "Wellness" tab. Then find the Health Assessment.

# Don't have a primary care provider?

Find an in-network provider near you by logging in to myCigna.com and clicking "Find Care & Costs."

### **Quick Tip**

Get your annual preventive check-up before taking the online health assessment because you will be asked to enter your validated biometric numbers.

## For a full list of activities to complete to earn rewards:\*\*

- 1. Log in to myCigna.com
- 2. Click the "Wellness" tab
- 3. Select "Incentive Awards" in the navigation bar

<sup>\*</sup>Plans may vary and not all preventive care services are covered. For example, most immunizations for travel are generally not covered. For the details of your specific medical plan and a complete list of covered preventive care services, see your plan materials. \*\* For all participants – if you think you might be unable to meet a standard for the reward under this wellness program, you might qualify for an opportunity to earn the same reward by different means. Contact Cigna at 800-244-6224 and we will work with you and, if you wish, with your doctor. For participants who may have an impairment – if you are unable to participate in any of the program events, activities or goals because of a disability, you may be entitled to a reasonable accommodation for participation, or an alternative standard for rewards. For worksite accommodations, please contact your human resources manager or Benefits Administrator. For accommodations with online, phone or other Cigna programs, please contact Cigna at 800-244-6224.

# SUPPLEMENTAL HEALTH BENEFITS



Oglethorpe University offers several ways for you to supplement your medical plan coverage. This additional insurance can help cover unexpected expenses, regardless of any benefit you may receive from your medical plan. Coverage is available for you and your dependents and is offered at discounted group rates.

### **Accident Coverage**

Accidents happen. You can't always prevent them, but you can take steps to reduce the financial impact. Accident coverage, available through Cigna, provides benefits for you and your covered family members if you have expenses related to an accident that occurs outside of work. Health insurance helps with medical expenses, but this coverage is an additional layer of protection that can help you pay deductibles, copays, and even typical day-to-day expenses such as a mortgage or car payment. Benefits under this plan are payable to you, to use as you wish.

BI-WEEKLY CONTRIBUTIONS	
EMPLOYEE ONLY	\$5.76
EMPLOYEE + SPOUSE	\$10.52
EMPLOYEE + CHILD(REN)	\$13.82
EMPLOYEE + FAMILY	\$18.59



### **Accident Coverage**

Accident Coverage	
SUMMARY OF BENEFITS*	
HOSPITAL ADMISSION	\$1,000 + \$200 per day
INTENSIVE CARE UNIT STAY	\$400 per day
DISLOCATIONS AND FRACTURES	up to \$8,000
AMBULANCE	Ground: \$400 / Air: \$1,600
EMERGENCY CARE BENEFIT - EMERGENCY ROOM / PHYSICIAN'S OFFICE / URGENT CARE	\$200
DIAGNOSTIC EXAM (X-RAY OR LAB)	\$50
FOLLOW UP PHYSICIAN OFFICE VISIT	\$75 (max 10/accident)
FOLLOW UP PHYSICAL THERAPY VISITS	\$50 (max 10/accident)
BURNS	up to \$10,000
CONCUSSION	\$150
COMA	\$10,000
ABDOMINAL OR THORACIC SURGERY	\$1,250
TENDON, LIGAMENT, ROTATOR CUFF, OR KNEE SURGERY	Repair: \$400 / Exploratory: \$150
RUPTURED DISC SURGERY (REPAIR)	\$750
BLOOD / PLASMA / PLATELETS	\$200
*This list is a summary Defer to play	n documents for a comprehensive

<sup>\*</sup>This list is a summary. Refer to plan documents for a comprehensive list of covered benefits.

### **Critical Illness Coverage**

Critical Illness coverage through Cigna pays a lump-sum benefit if you are diagnosed with a covered disease or condition. You can use this money however you like; for example: to help pay for expenses not covered by your medical plan, lost wages, child care, travel, home health care costs or any of your regular household expenses.

### **Plan Highlights**

- » Guaranteed Issue Coverage (no medical questions)
- Benefits are payable based on the date of the covered event occurring or the date of diagnosis.
   Illnesses or occurrences prior to the effective date of coverage will not be payable events
- » A \$50 annual Wellness Benefit is payable for each covered member for completing certain wellness screenings such as a pap test, cholesterol test, mammogram, colonoscopy or stress test (once per year per covered person)

### **Coverage Amounts:**

» Employee: \$10,000 or \$20,000

» Spouse: 100% of Employee Benefit» Children: 100% of Employee Benefit

BI-WEEKLY CONTRIBUTIONS (\$10,000 BENEFIT)				
AGE	EMPLOYEE ONLY	EMPLOYEE + SPOUSE	EMPLOYEE + CHILDREN	EMPLOYEE + FAMILY
0-29	\$2.22	\$4.48	\$4.71	\$6.97
30-39	\$3.51	\$7.32	\$6.00	\$9.81
40-49	\$6.48	\$13.53	\$8.98	\$16.02
50-59	\$12.57	\$26.79	\$15.06	\$29.28
60-69	\$19.86	\$41.68	\$22.36	\$44.17
70-79	\$31.08	\$63.84	\$33.57	\$66.33
80+	\$53.89	\$121.18	\$56.38	\$123.67

BI-WEEKLY CONTRIBUTIONS (\$20,000 BENEFIT)				
AGE	EMPLOYEE ONLY	EMPLOYEE + SPOUSE	EMPLOYEE + CHILDREN	EMPLOYEE + FAMILY
0-29	\$4.43	\$8.95	\$9.42	\$13.95
30-39	\$7.02	\$14.63	\$12.01	\$19.62
40-49	\$12.97	\$27.06	\$17.96	\$32.05
50-59	\$25.14	\$53.58	\$30.13	\$58.56
60-69	\$39.73	\$83.35	\$44.72	\$88.34
70-79	\$62.15	\$127.67	\$67.14	\$132.66
80+	\$107.78	\$242.35	\$112.76	\$247.35

Premiums are based on the Employee's age on the effective date of coverage. Even if the Spouse is in a different age band, the rates are driven off of the employee's age. Children are covered at no additional cost when you elect Employee coverage.

### **Covered Conditions and Benefit Amounts\***

A covered employee and a covered dependents each have the full benefit amount illustrated below.

# COVERED CONDITIONS AND BENEFIT

	AMOUNTS*
CANCER CONDITIONS	
INVASIVE CANCER	100%
CARCINOMA IN SITU	25%
SKIN CANCER	\$250
VASCULAR CONDITIONS	
HEART ATTACK	100%
STROKE	100%
CORONARY ARTERY DISEASE	25%
AORTIC & CEREBRAL ANEURYSM	25%
NERVOUS SYSTEMS CON	DITIONS
ADVANCED STAGE ALZHEIMER'S DISEASE	25%
AMYOTROPHIC LATERAL SCLEROSIS (ALS)	25%
PARKINSON'S DISEASE	25%
MULTIPLE SCLEROSIS	25%
INFECTIOUS CONDITIONS	5
SEVERE SEPSIS	25%
CHILDHOOD CONDITION	S
CEREBRAL PALSY	100%
CYSTIC FIBROSIS	100%
MUSCULAR DYSTROPHY	100%
POLIOMYELITIS	100%
HEART WALL MALFORMATION	100%
SICKLE CELL	100%
OTHER SPECIFIED CONDI	TIONS
BENIGN BRAIN TUMOR	100%
BLINDNESS	100%
COMA	25%
END-STAGE RENAL (KIDNEY) DISEASE	100%
MAJOR ORGAN FAILURE	100%
PARALYSIS	100%

<sup>\*</sup>This is a summary. Refer to plan document for details including definitions, plan exclusions and limitations.

### IMPORTANT: This is a fixed indemnity policy, NOT health insurance

This fixed indemnity policy may pay you a limited dollar amount if you're sick or hospitalized. You're still responsible for paying the cost of your care.

- » The payment you get isn't based on the size of your medical bill.
- » There might be a limit on how much this policy will pay each year.
- » This policy isn't a substitute for comprehensive health insurance.
- » Since this policy isn't health insurance, it doesn't have to include most federal consumer protections that apply to health insurance.

### Looking for comprehensive health insurance?

- » Visit HealthCare.gov or call 1-800-318-2596 (TTY: 1-855-889-4325) to find health coverage options.
- » To find out if you can get health insurance through your job, or a family member's job, contact the employer.

### Questions about this policy?

- » For questions or complaints about this policy, contact your state Department of Insurance. Find their number on the National Association of Insurance Commissioners' website (naic.org) under "Insurance Departments."
- » If you have this policy through your job, or a family member's job, contact the employer.

### **Hospital Indemnity Coverage**

Hospital Indemnity Coverage through Cigna pays cash benefits directly to you if you have a covered stay in a hospital or critical care unit (ICU). You can use the benefits from this policy to help pay for your medical expenses such as deductibles and copays, travel cost, food and lodging, or everyday expenses such as groceries and utilities.

- » Benefits are payable for pregnancy on the first day of coverage
- » Coverage is guaranteed issue; no medical questions

SUMMARY OF BENEFITS*		
HOSPITAL ADMISSION (PER CONFINEMENT)	\$1,000 (Once per covered sickness or accident per calendar year)	
HOSPITAL CONFINEMENT (PER DAY)	\$100 (30 days per covered sickness or covered accident)	
HOSPITAL INTENSIVE CARE (PER DAY)	\$200 (30 days per covered sickness or covered accident)	
NEWBORN NURSERY CARE STAY (PER DAY)	\$200 (Maximum of 30 days, 1 benefit per newborn child)	

<sup>\*</sup>This is a summary. Refer to plan documents for details.

BIWEEKLY CONTRIBUTIONS	
EMPLOYEE ONLY	\$6.52
EMPLOYEE + SPOUSE	\$16.49
EMPLOYEE + CHILD(REN)	\$11.01
EMPLOYEE + FAMILY	\$20.98



## DENTAL BENEFITS



Brushing your teeth and flossing are great, but don't forget to visit the dentist too! Oglethorpe University offers affordable plan options for routine care and beyond. Coverage is available from Cigna.

### **Network Dentists**

If you use a dentist who doesn't participate in your plan's network, your out-of-pocket costs will be higher, and you are subject to any charges beyond the Reasonable and Customary (R&C). To find a network dentist, visit Cigna at <a href="https://www.cigna.com">www.cigna.com</a> and search for providers in the Cigna DPPO Advantage network.

### **Dental Premiums**

Premium contributions for dental are deducted from your paycheck on a pre-tax basis. Your tier of coverage determines your bi-weekly premium.

### **Dental Plan Summary**

This chart summarizes the 2025 dental coverage provided by Cigna.

### **DENTAL**

	DLI	N 17 NL
BI-WEEKLY CONTRIBUTIONS		
EMPLOYEE ONLY	LY \$22.47	
EMPLOYEE + SPOUSE	\$47	7.46
EMPLOYEE + CHILD(REN)	\$53	3.08
EMPLOYEE + FAMILY	\$81	1.02
	IN-NETWORK	OUT-OF-NETWORK
CALENDAR YEAR DEDUCTIBLE		
INDIVIDUAL	\$50	\$50
FAMILY	\$150	\$150
CALENDAR YEAR MAXIMUM		
PER PERSON	\$2,000	\$2,000
COVERED SERVICES (PLAN PAYS)		
PREVENTIVE SERVICES Oral Exams, Routine Cleanings, Bitewing X-rays, Fluoride Applications, Sealants, Space Maintainers, Panoramic X-rays	100%	100%
BASIC SERVICES Full Mouth X-rays, Fillings, Oral Surgery, Simple Extractions	90%*	90%*
MAJOR SERVICES Oral Surgery, Complex Extractions, Denture Adjustments and Repairs, Root Canal Therapy, Periodontics, Crowns, Dentures, Bridges	60%*	60%*
ORTHODONTICS Dependent Child(ren) Only	50%	
ORTHODONTIC LIFETIME MAXIMUM	\$1,000 per person	

\*After deductible



Thoughts & Tips: Only 60% of adults ages 20 to 64 have been to the dentist in the past year. Take advantage of your dental coverage to keep your smile healthy.

# Routine Dental Care Does More Than Just Brighten Your Smile

Research shows that individuals who get recommended preventive dental care save, on average, 31% on future dental costs. For individuals who don't get recommended preventive care, their future dental costs increase by an average of 43%. A healthier mouth offers savings you can smile about.

The Cigna DPPO Advantage network makes it easy to protect your health – and your smile – with the right dental care at the right price. You can choose a dentist from one large network directory that is easily accessible and available online. Our online tools allow you to make more informed decisions about your dentist and your dental care.

### **Understand How Your Plan Works**

When you choose a network dentist, your coverage includes a wide range of eligible services after you satisfy any waiting period and meet your deductible.

Your plan includes coverage for preventive dental care services, including cleanings, x-rays and more, at no additional cost or at a reduced cost to you.\*

\*Most plans limit cleanings and bitewing x-rays to two per calendar year, and full mouth/panorex x-rays to one every three calendar years. See your plan documents for a list of covered and non-covered services under your specific plan.

### **Important Factors to Consider**

- » For procedures other than diagnostic or preventive services, you will usually pay a percentage of the cost – or coinsurance amount – to the dentist at the time of service.
- » You don't need an ID card to receive dental care.
- » You don't need to select a primary care dentist.
- » You don't need a referral to receive care from a specialist.

# Your Access - Thousands of Dentists, One Directory

Cigna's DPPO Advantage network provides access to a large number of dentists and offers greater discounts with higher benefit levels compared to out-of-network dentists. This means more convenience and more ways for you to save.

IN-NETWORK	OUT-OF-NETWORK
Select a dentist or specialist from the Cigna DPPO Advantage network	Select any dentist or specialist
» By choosing a DPPO Advantage dentist, you receive a higher network benefit coverage than you would with a DPPO dentist. This may result in lower out-of-pocket expenses.	» Your out-of-pocket expenses will generally be higher because out-of-network dentists have not agreed to offer Cigna plan customers negotiated rates.
» You'll pay less for covered services because network dentists have agreed to offer services at lower negotiated rates.	» Depending on your plan design, out-of-network dentists may bill you for the difference between the payment they receive from Cigna and their
» You may save on out-of-pocket costs for many services not covered under your plan. Network dentists have agreed to offer our customers discounted fees for all procedures on their fee schedules. (Not available in all states.)	usual fees.  » You may have to file your own claims.
» Network dentists will submit claims for you.	
» All network dentists have met Cigna credentialing requirements based on national standards, and we repeat the process every three years.	

## VISION BENEFITS



Don't wear glasses? Even you shouldn't skip an annual eye exam! Oglethorpe University provides you and your family access to quality vision care with a comprehensive vision benefit through EyeMed.

### **Vision Premiums**

Premium contributions for vision are deducted from your paycheck on a pre-tax basis. Your tier of coverage determines your bi-weekly premium.

### **Vision Plan Summary**

This chart summarizes the 2025 vision coverage provided by EyeMed.

### **VISION**

	V151014		
BI-WEEKLY CONTRIBUTIO	NS		
EMPLOYEE ONLY	\$3.52		
EMPLOYEE + SPOUSE		\$6.68	
EMPLOYEE + CHILD(REN)		\$7.04	
EMPLOYEE + FAMILY		\$10.35	
	IN-NETWORK	OUT-OF-NETWORK	FREQUENCY
EXAMS			
COPAY	\$10 copay	Up to \$30	Once every 12 months
LENSES			
SINGLE VISION	\$20 copay	Up to \$25	
BIFOCAL	\$20 copay	Up to \$40	
TRIFOCAL	\$20 copay	Up to \$60	Once every 12 months
LENTICULAR	Standard: \$85 premium: \$85 copays plus 20% discount on additional charges Up to \$40		
CONTACTS (IN LIEU OF LE	NSES AND FRAMES)		
FITTING AND EVALUATION	Standard: Up to \$40 copay Specialty: \$50 retail allowance	Not covered	
ELECTIVE	\$130 retail allowance, 15% discount on additional charges (no discount for disposable lenses)  Once every 12		Once every 12 months
FRAMES			
ALLOWANCE	\$130 retail allowance, 20% discount on additional charges	Up to \$65	Once every 12 months



Thoughts & Tips: More than 150 million Americans use corrective eye wear to compensate for refractive errors.

## SURVIVOR BENEFITS



It's difficult to think about what would happen if something ever happened to you, but it's important to have a plan in place to make sure your family is provided for. Survivor benefits provide financial protection and security. Securing Life insurance now ensures your family will be protected for the future.

# Basic Life and Accidental Death and Dismemberment (AD&D) Insurance

Oglethorpe University provides Employees with Basic Life and AD&D insurance as part of your basic coverage through New York Life, which guarantees that loved ones, such as a Spouse or other designated survivor(s), continue to receive part of an Employee's benefits after death.

Your Basic Life and AD&D insurance benefit is 1 times annual compensation to the next \$1,000, up to \$200,000. If you are a full-time Employee, you automatically receive Life and AD&D insurance even if you elect to waive other coverage. Basic life insurance reduces to 65% at age 65 and 50% at age 70.





What's a beneficiary? Your beneficiary is the person you designate to receive your Life insurance benefits in the event of your death. This includes any benefits payable under Basic Life offered by Oglethorpe University. You receive the benefit payment for a dependent's death under the New York Life insurance.

Name a primary and contingent beneficiary to make your intentions clear. Make sure to indicate their full name, address, Social Security number, relationship, date of birth and distribution percentage. Please note that in most states, benefit payments cannot be made to a minor. If you elect to designate a minor as beneficiary, all proceeds may be held under the beneficiary's name and will earn interest until the minor reaches majority age at 18. If you need assistance, contact Human Resources or your own legal counsel.

### **Voluntary Life Insurance**

Life and AD&D benefits are an important part of your family's financial security. The basic benefits provided to you by Oglethorpe University may not be enough to cover expenses in a time of need. Therefore, extra coverage is available to protect you and your family. Eligible Employees may purchase additional Voluntary Life insurance. Premiums are paid through payroll deductions. **Basic life insurance reduces to 65% at age 65 and 50% at age 70.** 

0 1 7	5
BASIC EMPLOYEE LIFE/AD&D	
COVERAGE AMOUNT	1 times annual compensation to the next \$1,000
WHO PAYS	Oglethorpe University
BENEFITS PAYABLE	If you die, lose a limb, or suffer paralysis in an accident
MAXIMUM BENEFIT	\$200,000
EVIDENCE OF INSURABILITY (EOI) REQUIRED	No
VOLUNTARY EMPLOYEE LIFE	
COVERAGE AMOUNT	Increments of \$10,000
WHO PAYS	Employee
BENEFITS PAYABLE	In the event of your death. This benefit is in addition to the Basic Life benefit.
MAXIMUM BENEFIT	5 times annual compensation or \$500,000
EVIDENCE OF INSURABILITY (EOI) REQUIRED	An EOI is required for the Employee's spouse who is increasing their current Benefit above the Guaranteed Issue of \$100,000 and/or electing to add more than \$20,000 during annual Enrollment. If the Employee is a late Entrant not currently enrolled, an EOI is required.
VOLUNTARY SPOUSE LIFE	
COVERAGE AMOUNT	Increments of \$5,000
WHO PAYS	Employee
BENEFITS PAYABLE	In the event of your spouse's death
MAXIMUM BENEFIT	Up to 50% of the employee benefit or \$100,000
EVIDENCE OF INSURABILITY (EOI) REQUIRED	An EOI is required for the Employee's spouse who is increasing their current Benefit above the Guaranteed Issue of \$30,000 and/or electing to add more than \$10,000 during annual Enrollment. If the Employee is a late Entrant and not currently enrolled, an EOI is required for the Employee and Spouse.
VOLUNTARY CHILD LIFE	
COVERAGE AMOUNT	Increments of \$2,500
WHO PAYS	Employee
BENEFITS PAYABLE	In the event of your child's death
MAXIMUM BENEFIT	Up to \$10,000
EVIDENCE OF INSURABILITY (EOI) REQUIRED	No

### **Annual Enrollment**

Employees and Spouses currently enrolled in the Voluntary Life plan may increase their benefit by one increment up to the guarantee issue amount without supplying Evidence of Insurability (EOI). EOI will be required for any increases above one increment (or if the increment increase exceeds the guarantee issue) as well as for all elections outside of the initial eligibility period. The EOI must be approved by New York Life prior to the benefit becoming active.



VOLUNTARY LIFE INSURANCE						
RATES/\$1,000 (MONTHLY)						
AGE (AS OF JANUARY 1, 2025)	EMPLOYEE	AGE (AS OF JANUARY 1, 2025)	SPOUSE			
Under 25	\$0.06	Under 25	\$0.06			
25-29	\$0.06	25-29	\$0.06			
30-34	\$0.08	30-34	\$0.08			
35-39	35-39 \$0.09		\$0.09			
40-44	40-44 \$0.12		\$0.12			
45-49	\$0.20	45-49	\$0.20			
50-54	\$0.28	50-54	\$0.28			
55-59 \$0.57		55-59	\$0.57			
60-64	\$0.68	60-64	\$0.68			
65-69	\$1.27	65-69	\$1.27			
70-74	\$2.06	70-74	\$2.06			
75+	\$2.06	75+	\$2.06			

CHILD VOLUNTARY LIFE INSURANCE
RATE/\$1,000 (MONTHLY)
\$0.20

TO CALCULATE HOW MUCH YOUR VOLUNTARY LIFE COVERAGE WILL COST:											
\$	÷ 1,00	÷ 1,000 = \$ x Age Based Rate = \$									
Benefit Ele	cted			Monthly Premium							

## **INCOME PROTECTION**



Oglethorpe University offers disability coverage to protect you financially in the event you cannot work as a result of a debilitating injury. A portion of your income is protected until you can return to work or until you reach retirement age.

# Voluntary Short-Term Disability (STD) Insurance

**Short-Term Disability (STD) benefits are available to you on a voluntary basis.** STD insurance replaces 60% of your income if you become partially or totally disabled for a short time. Certain exclusions, along with pre-existing condition limitations, may apply. Review your plan documents or talk with Human Resources for more details.

WEEKLY MAXIMUM BENEFIT	\$1,500
ELIMINATION PERIOD	7 days
MAXIMUM BENEFIT PERIOD	90 days

VOLUNTARY STD						
AGE (AS OF JANUARY 1, 2025)						
AGE RANGE STD						
<30	\$0.325					
30-34	\$0.325					
35-39	\$0.325					
40-44	\$0.325					
45-49	\$0.325					
50-54	\$0.325					
55-59	\$0.398					
60-64	\$0.470					
65+	\$0.515					

# Long-Term Disability (LTD) Insurance

Long-Term Disability (LTD) benefits are provided by the Company at no cost to you. LTD insurance replaces 60% of your income if you become partially or totally disabled for an extended time. Certain exclusions, along with pre-existing condition limitations, may apply. Review your plan documents or talk with Human Resources for more details.

MONTHLY MAXIMUM BENEFIT	\$10,000
ELIMINATION PERIOD	90 days
MAXIMUM BENEFIT PERIOD	Payments will last for as long as you are disabled or until you reach your Social Security Normal Retirement Age, whichever is sooner.



Thoughts & Tips: Nearly 6% of working Americans will experience a Short-Term Disability due to illness, injury, or pregnancy on average every year.

TO CALCULATE HOW MUCH YOUR STD COVERAGE WILL COST:								
\$ \div 52 = \$  x 60\% =  \text{x Rate} =  \text{x Rate} =  \text{\$\div \$10 =  \$}								
Annual Salary		Weekly Income		Weekly Benefit		Amount		Monthly Premium

CALCULATION EXAMPLE (USING 45 AGE RANGE)								
\$50,000.00 ÷ 52 = \$961.54 x 60% = \$576.92 x Rate = \$187.50 ÷ \$10 = \$18.75								\$18.75
\$80,000	).00 ÷ 52 =	\$1,538.46	This amount is over the weekly maximum benefit					
\$80,000	).00 ÷ 52 =	\$1,500.00	x 60% =	\$900.00	x Rate =	\$292.50	÷ \$10 =	\$29.25
Annual Sa	alary	Weekly Income		Weekly Benefit		Amount		Monthly Premium

## PET INSURANCE



ASPCA Pet Health Insurance plans can help you follow your vet's recommendations and worry less about cost. ASPCA doesn't limit you to a network, so you can visit any licensed vet, specialist, or emergency clinic you trust.

### **Complete Coverage**

Vet bills can really add up. With an accident and illness plan provided by ASPCA Pet Health Insurance program, you have help choosing the care you want when your pet is hurt or sick. You can take comfort in knowing they have coverage.

### Simple to Use

Just pay your vet bill, submit claims, and get reimbursed for eligible expenses! You're free to visit any licensed vet, specialist or emergency clinic in the US or Canada, and you can choose to receive reimbursement by direct deposit or mail.

You can customize your annual limit, annual deductible and reimbursement for the right coverage and the right price for you and your pet.

## Exam Fees, Diagnostics, and Treatments for Covered Conditions

- » Accidents
- » Dental Disease
- » Behavioral Issues
- » Illnesses
- » Hereditary Conditions
- » Cancer

### **Customizable Options**

Annual Limit – from \$3,000 to unlimited.

**Reimbursement Percentage** – 90%, 80%, or 70% of your eligible vet bill.

**Annual Deductible** – select \$100, \$250, or \$500.

**Add Preventative Care Coverage** – Get reimbursed scheduled amounts for things that protect your pet from getting sick, like vaccines, dental cleanings, and screenings for a little more per month.

**Select Accident-Only Coverage** – If you're just looking to have some cushion when your pet gets hurt, you can choose coverage that only includes coverage for accidents.

### Anytime from anywhere.

- » Access Plan Details
- » Submit & Track Claims
- » Find a Nearby Vet
- » 24/7 Vet Triage Line
- » Add A Pet
- » And More!

To Receive Your Customized Quote & Save 10% With Your Group Discount!\*

### To enroll online:

www.aspcapetinsurance.com/Oglethorpe

**To enroll via phone**: 1-877-343-5314 **Use Priority Code**: EB24Oglethorpe



## RETIREMENT PLANNING



Whether you're just starting out in your career or you've been in the workforce for years, it's always a good time to plan for retirement.

Contributing to a 403(b) account now can help keep you financially secure later in life. The Oglethorpe University 403(b) plan provides you with the tools and flexibility you need to prepare. In order to receive the Employer Match, employees must contribute at least 5% and have 12 months of continuous service. The employee contribution can be either pre-tax or Roth or any combination as long as it totals 5%.

PLAN AT A GLANCE				
PLAN NAME	Oglethorpe University 403(b) Plan			
RECORD KEEPER	Lincoln Financial 403(b) Plan			
WEBSITE	www.lincolnfinancial.com/retirement			
ELIGIBILITY	as of the 1st day of the month following thirty (30) days of service			
COMPANY MATCH	There is no minimum contribution required to participate in the retirement plan. However, to receive the university's matching contributions, eligible employees must contribute a minimum of 5% of their annual salary. Oglethorpe University offers a 7% match of annual salary to employees who contribute a minimum of 5% of their annual salary and have one year of service.			

What is a 403(b)? This employer-sponsored retirement account can help build and create choices for your future self by saving money — tax-free — from your paycheck. Due to the value of compounding interest, the sooner you participate in a 403(b), the better.

Eligible Employees can invest for retirement while receiving certain tax advantages. Administrative and record-keeping services for this plan are provided by Lincoln Financial 403(b) Plan. You can start making pre-tax contributions into the plan as of the 1st day of the month following thirty (30) days of service.

Pre-tax vs. 403(b): What's the difference? If you contribute to your 403(b) pre-tax, your contributions will be taken out before taxes each pay period. However, you'll have to pay taxes on the funds when you withdraw them during retirement. If you choose the available 403(b) Roth, contributions will be deducted from your paycheck after taxes — so you won't pay taxes when you withdraw during retirement. Once you retire, you might be in a higher tax bracket, so contributing after taxes now could save you money in the long run.





Thoughts & Tips: When you retire, you'll need at least 70% of your pre-retirement earnings to maintain your standard of living.

#### Contributing to the Plan

The deferred contribution limit set annually by the IRS is \$23,000 for 2025. If you are age 50 or older this year and you already contribute the maximum allowed to your 403(b) account, you may also make a "catch-up contribution." This additional deposit accelerates your progress toward your retirement goals. The maximum contribution is \$7,500 for 2025 — for a combined total contribution of \$30.500.

Not sure if you're getting close to the annual contribution limit? Our payroll system tracks how much you've contributed. If you started at the company mid-year, let the Human Resources Department know how much you contributed at your previous employer so that can be factored in and you won't be subject to penalties for overcontributing.

#### How Much Should I Be Saving?

Industry standards suggest saving, at a minimum, 12% to 15% of your income, inclusive of Oglethorpe University's generous matching contribution. There is no minimum contribution required to participate in the retirement plan. However, to receive the university's matching contributions, employees must contribute a minimum of 5% of their annual salary. Oglethorpe University offers a 7% match of annual salary. Oglethorpe University will notify participants of any changes to the matching contribution at least 30 days prior to the payroll period the matching contribution will become effective. An employee's gross pay is used for this calculation. If you cannot afford to save much right now, at least make sure to be saving up to the matching amount so you are not leaving free money behind.

# **Changing or Stopping Your Contributions**

You may change the amount of your contributions any time. All changes are effective as soon as administratively feasible and remain in effect until you modify them. You may also discontinue your contributions and start them again at any time.

#### **Lincoln Financial Contact Information**

Website: LincolnFinancial.com

Phone: 800-234-3500

# Consolidating Your Retirement Savings

If you have an existing qualified retirement plan (pre-tax) with a previous employer, you may transfer that account into the plan any time. Visit Lincoln Financial 403(b) Plan at <a href="https://www.lincolnfinancial.com/retirement">www.lincolnfinancial.com/retirement</a> for details.

Regardless of which retirement account you choose or how much you contribute, it's important to think of it as a long-term strategy. Dipping into the account early will jeopardize the quality of your retirement and rack up penalties from the IRS.

#### Investing in the Plan

It's up to you how to invest the assets in your account. The Oglethorpe University 403(b) plan offers a selection of investment options for you to choose from. You may change your investment choices any time. For more details, refer to your 403(b) Enrollment Guide or visit <a href="https://www.lincolnfinancial.com/retirement">www.lincolnfinancial.com/retirement</a>.

#### **Vesting - 100% Immediately**

The term "vested" refers to how much of your 403(b) funds you can take with you if or when you leave Oglethorpe University. With our vesting schedule, you immediately own 100% of the company's matching contributions. You always own and are fully vested in your own personal 403(b) contributions.

VESTING SCHEDULE			
YEARS OF SERVICE	PERCENTAGE VESTED		
Immediate	100%		



# ADDITIONAL BENEFITS



Oglethorpe University cares about you and wants you to succeed in all aspects of life, so we offer a variety of additional benefits to help make your day-to-day easier.

# Employee Assistance Program (EAP)

# Counseling sessions - caring guidance for personal concerns.

When you get overwhelmed by a personal setback, emotional conflict or just life's daily demands, New York Life's EAP program through ComPsych offer three face-to-face, confidential counseling sessions per issue per year to help get you back on track.

### Preventative and holistic support - Coaching sessions.

To prevent burnout, develop self-compassion, and learn to prioritize and manage time, you have five coaching sessions available by phone or virtually. ComPsych's behavioral change specialists are here to provide support for life stressors, transitions, and everyday challenges.

#### **LegalConnect®**

### Support for all types of personal legal questions.

New York Life's LegalConnect® program through ComPsych provides access to unlimited phone consultations with expert, licensed attorneys who can advise you when legal uncertainties arise. If you need a referral to a local attorney, you have a free 30-minute consultation and a 25% fee reduction if you choose to work with them further.

The Program provides referrals to help with:

- » Estate planning/wills/ probate
- » Power of attorney
- » Real estate
- » Bankruptcy

- » Landlord/tenant issues
- » Adoption/guardianship
- » Divorce
- » Personal injury

#### FinancialConnect®

#### Support for all types of financial issues.

Financial problems affect everyone. You can get guidance from New York Life's FinancialConnect® program through ComPsych. Getting answers to all your questions is sometimes all your need. This program is available to your and members of your household.

#### FinancialConnect® provides:

- » Access to a dedicated team of impartial, in-house Certified Public Accountants (CPAs), Certified Financial Planners® (CFPs), and other financial experts.
- » Access to unlimited phone consultations.
- » Hundreds of financial articles and interactive tools available on GuidanceResources® online.
- » Referrals to local CFPs for personalized investment information.
- » No cost 30-minute consultation with local CFPs and 25% off services if you choose to work with them.

For more information about all these services:

Call: 800-344-9752

Visit: <a href="www.guidanceresources.com">www.guidanceresources.com</a>
Use Registration Web ID: NYLGBS

#### **EstateGuidance®**

#### Step-by-step legal documents.

New York Life's EstateGuidance® program through ComPsych offers an online tool for you and your family to easily write a last will and testament, a living will, and documents outlining wishes for final arrangements. The online tool walks you through the process by asking a set of easy-to-understand questions and guiding you each step of the way. Access is available anytime, anywhere on your tablet, desktop, or mobile app.

#### **Secure Travel**

#### Emergencies happen, but help is just a phone call away.

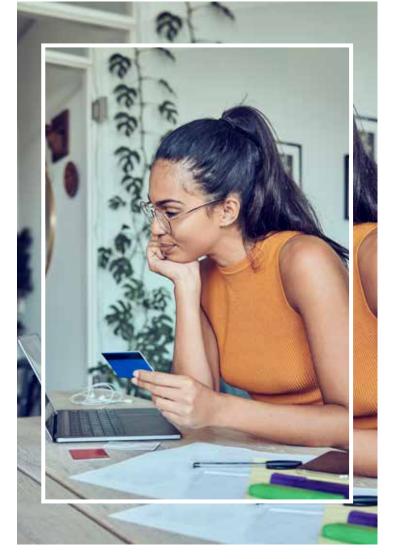
New York Life's Secure Travel program through ComPsych offers pre-trip planning, assistance while you are traveling, and emergency medical transportation benefits when covered persons are 100 miles or more from home.

PRE-TRIP PLANNING	TRAVELING ASSISTANCE	EMERGENCY ASSISTANCE
<ul> <li>» Immunization requirements</li> <li>» Visa and passport requirements</li> <li>» Embassy/consular referrals</li> <li>» Foreign exchange rates</li> <li>» Travel advisories and weather conditions</li> <li>» Cultural information</li> </ul>	<ul> <li>24-hour multilingual assistance and referral to interpretation and translation services</li> <li>Referrals to physicians, dentists, medical facilities, and legal assistance providers</li> <li>Assistance with lost or stolen items, including luggage and prescription replacement services</li> <li>Emergency cash advances, up to \$1,500</li> </ul>	<ul> <li>Emergency evacuation and repatriation, when medically necessary; arrange and cover the cost of transportation to the nearest adequate medical facility</li> <li>Assistance with making emergency travel arrangements</li> </ul>

Note: See plan documents for all covered situations and full details

For information 24/7/365, call: (888) 226-4567





#### **Holidays**

Oglethorpe University observes the following ten holidays during the year:

- » New Year's Day
- » Martin Luther King, Jr. Day
- » Memorial Day
- » Juneteenth
- » Independence Day

- » Labor Day
- » Thanksgiving Day
- » Friday Following Thanksgiving
- » Christmas Eve
- » Christmas Day

In addition, the University typically closes for winter break each year.

#### **Vacation**

An employee may accrue up to 120 hours of vacation. At that point, accruals will stop until hours fall below 120 (with the exception of employees with 12 or more years of service). Regular, full-time staff start with 10 vacation days per year. Ten-month staff are eligible for eight paid vacation days per year. Senior level staff accrue vacation at a slightly higher rate. Occasional exceptions to this cap may be approved for unusual situations such as the need to cover unplanned absences or special projects in a department. Exceptions must be approved by your supervisor and the Human Resources Director.

For regular, full-time employees (with the exception of faculty) vacation time begins to accrue immediately and may be used after 3 months of continuous employment.



#### Sick Leave

Regular full-time employees (with the exception of faculty and ten-month staff) are eligible for 10 days of paid sick leave each anniversary year. Ten-month staff are eligible for eight paid sick days. Sick leave may be used:

- » When unable to work because of illness or injury.
- » When the employee or dependent has a scheduled medical or dental appointment.
- » To care for an ill family member (spouse, parent, child, grandparents or grandchildren).

Although full-time Faculty do not receive regular sick days, they do accrue up to two weeks of FMLA leave each year to a maximum of 640 hours (16 weeks) for use with illness or other events which meet the definition of FMLA leave.

The accrual rate is based on actual hours worked in a pay period—when working less than a normal schedule, the accrual rate will be lower for that pay period.

Any accrued unused sick days are "banked" at the end of the year into a special account called a Family Medical Leave Act (FMLA) account. Once banked, sick days can only be used for events classified as FMLA leave. A maximum of 480 hours (12 weeks) can be banked into the FMLA account for staff.

Sick leave may not be "saved" by taking time off without pay. If an employee is absent and has exceeded his or her available sick leave balance, he or she may use vacation, if available, to cover the absence.

The employee is responsible for managing his or her sick leave and monitoring the sick leave balance which appears on each paycheck. Remember that sick time may only be used when there is a balance available.

Unused sick leave is not paid upon termination of employment or upon transferring to a non-benefits eligible position. Once an employee gives notice of resignation, sick leave requests will no longer be approved.



## 800-936-1405

# Support for your entire workforce

With a name like Transitions Retiree Benefit Group it is important to understand how we support all employees and their families through our services.



### **GLOSSARY**

**Balance Billing** – When you are billed by a provider for the difference between the provider's charge and the allowed amount. For example, if the provider's charge is \$100 and the allowed amount is \$60, you may be billed by the provider for the remaining \$40.

**Coinsurance –** Your share of the cost of a covered healthcare service, calculated as a percent of the allowed amount for the service, typically after you meet your deductible.

**Copay -** The fixed amount, as determined by your insurance plan, you pay for healthcare services received.

**Deductible -** The amount you owe for healthcare services before your health insurance begins to pay its portion. For example, if your deductible is \$1,000, your plan does not pay anything until you've paid \$1,000 for covered services. This deductible may not apply to all services, including preventive care.

**Explanation of Benefits (EOB) -** A statement from your insurance carrier that explains which services were provided, their cost, what portion of the claim was paid by the plan, and what portion is your liability, in addition to how you can appeal the insurer's decision.

**Flexible Spending Accounts (FSAs)** – A special tax-free account you put money into that you use to pay for certain out-of-pocket healthcare costs. You'll save an amount equal to the taxes you would have paid on the money you set aside. FSAs are "use it or lose it," meaning that funds not used by the end of the plan year will be lost. Some Healthcare FSAs do allow for a grace period or a rollover into the next plan year.

- » Healthcare FSA A pre-tax benefit account used to pay for eligible medical, dental, and vision care expenses that aren't covered by your insurance plan. All expenses must be qualified as defined in Section 213(d) of the Internal Revenue Code.
- » Dependent Care FSA A pre-tax benefit account used to pay for dependent care services. For additional information on eligible expenses, refer to Publication 503 on the IRS website.

**Healthcare Cost Transparency -** Also known as market transparency or medical transparency. Online cost transparency tools, available through health insurance carriers, allow you to search an extensive national database to compare varying costs for services.

**Health Savings Account (HSA) -** A personal healthcare bank account funded by your or your employer's tax-free dollars to pay for qualified medical expenses. You must be enrolled in an HDHP to open an HSA. Funds contributed to an HSA roll over from year to year and the account is portable, so if you change jobs your account goes with you.

**High Deductible Health Plan (HDHP) -** A plan option that provides choice, flexibility and control when it comes to healthcare spending. Most preventive care is covered at 100% with in-network providers, there are no copays and all qualified employee-paid medical expenses count toward your deductible and your out-of-pocket maximum.

**Network** - A group of physicians, hospitals and other healthcare providers that have agreed to provide medical services to a health insurance plan's members at discounted costs.

- » In-Network Providers that contract with your insurance company to provide healthcare services at the negotiated carrier discounted rates.
- » Out-of-Network Providers that are not contracted with your insurance company. If you choose an outof-network provider, services will not be covered at the in-network negotiated carrier discounted rates.
- » Non-Participating Providers that have declined entering into a contract with your insurance provider. They may not accept any insurance and you could pay for all costs out of pocket.



**Open Enrollment -** The period set by the employer during which employees and dependents may enroll for coverage, make changes or decline coverage.

**Out-of-Pocket Maximum -** The most you pay during a policy period (usually a 12-month period) before your health insurance begins to pay 100% of the allowed amount. This does not include your premium, charges beyond the Reasonable & Customary, or healthcare your plan doesn't cover. Check with your carrier to confirm what applies to the maximum.

**Over-the-Counter (OTC) Medications –** Medications available without a prescription.

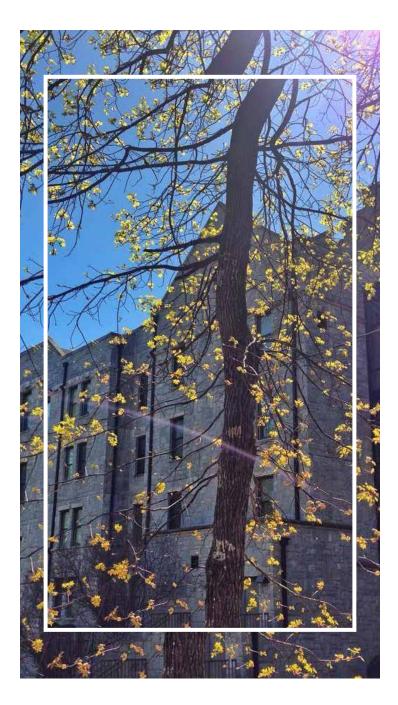
**Prescription Medications –** Medications prescribed by a doctor. Cost of these medications is determined by their assigned tier: generic, preferred, non-preferred or specialty.

- » Generic Drugs Drugs approved by the U.S. Food and Drug Administration (FDA) to be chemically identical to corresponding preferred or nonpreferred versions. Usually the most cost-effective version of any medication.
- » Preferred Drugs Brand-name drugs on your provider's approved list (available online).
- » Non-Preferred Drugs Brand-name drugs not on your provider's list of approved drugs. These drugs are typically newer and have higher copayments.
- » Specialty Drugs Prescription medications used to treat complex, chronic and often costly conditions. Because of the high cost, many insurers require that specific criteria be met before a drug is covered.
- » Prior Authorization A requirement that your physician obtain approval from your health insurance plan to prescribe a specific medication for you.

**Reasonable and Customary Allowance (R&C) –** Also known as the UCR (Usual, Customary, and Reasonable) amount. The amount paid for a medical service in a geographic area based on what providers in the area usually charge for the same or similar medical service. The R&C amount is sometimes used to determine the allowed amount.

**Summary of Benefits and Coverage (SBC) –** Mandated by healthcare reform, your insurance carrier provides you with a summary of your benefits and plan coverage.

**Summary Plan Description (SPD) -** The document(s) that outline the rights, obligations, and material provisions of the plan(s) to all participants and their beneficiaries.



# **Required Notices**

#### **Important Notice From Oglethorpe University About Your Prescription Drug Coverage and Medicare Under the OAP WITH HSA, STANDARD, PREMIUM Plan(s)**

Please read this notice carefully and keep it where you can find it. This notice has information about your current prescription drug coverage with Oglethorpe University and about your options under Medicare's prescription drug coverage. This information can help you decide whether or not you want to join a Medicare drug plan. If you are considering joining, you should compare your current coverage, including which drugs are covered at what cost, with the coverage and costs of the plans offering Medicare prescription drug coverage in your area. Information about where you can get help to make decisions about your prescription drug coverage is at the end of this notice.

There are two important things you need to know about your current coverage and Medicare's prescription drug coverage:

- Medicare prescription drug coverage became available in 2006 to everyone with Medicare. You can get this coverage if you join a Medicare Prescription Drug Plan or join a Medicare Advantage Plan (like an HMO or PPO) that offers prescription drug coverage. All Medicare drug plans provide at least a standard level of coverage set by Medicare. Some plans may also offer more coverage for a higher monthly premium
- Oglethorpe University has determined that the prescription drug coverage offered by the OAP WITH HSA, STANDARD, PREMIUM plan(s) is, on average for all plan participants, expected to pay out as much as standard Medicare prescription drug coverage pays and is therefore considered Creditable Coverage. Because your existing coverage is Creditable Coverage, you can keep this coverage and not pay a higher premium (a penalty) if you later decide to join a Medicare drug plan.

#### When Can You Join a Medicare Drug Plan?

You can join a Medicare drug plan when you first become eligible for Medicare and each year from October 15th to December 7th.

However, if you lose your current creditable prescription drug coverage, through no fault of your own, you will also be eligible for a two (2) month Special Enrollment Period (SEP) to join a Medicare drug plan.

#### What Happens to Your Current Coverage If You Decide to Join a Medicare Drug Plan?

If you decide to join a Medicare drug plan, your current Oglethorpe University coverage may not be affected. For most persons covered under the Plan, the Plan will pay prescription drug benefits first, and Medicare will determine its payments second. For more information about this issue of what program pays first and what program pays second, see the Plan's summary plan description or contact Medicare at the telephone number or web address listed herein.

If you do decide to join a Medicare drug plan and drop your current coverage, be aware that you and your dependents may not be able to get this coverage back.

#### When Will You Pay a Higher Premium (Penalty) to Join a **Medicare Drug Plan?**

You should also know that if you drop or lose your current coverage with Oglethorpe University and don't join a Medicare drug plan within 63 continuous days after your current coverage ends, you may pay a higher premium (a penalty) to join a Medicare drug plan later.

If you go 63 continuous days or longer without creditable prescription drug coverage, your monthly premium may go up by at least 1% of the Medicare base beneficiary premium per month for every month that you did not have that coverage. For example, if you go nineteen months without creditable coverage. your premium may consistently be at least 19% higher than the Medicare base beneficiary premium. You may have to pay this higher premium (a penalty) as long as you have Medicare prescription drug coverage. In addition, you may have to wait until the following October to join.

#### For More Information About This Notice or Your Current **Prescription Drug Coverage...**

Contact the person listed at the end of these notices for further information. NOTE: You'll get this notice each year. You will also get it before the next period you can join a Medicare drug plan, and if this coverage through Oglethorpe University changes. You also may request a copy of this notice at any

#### For More Information About Your Options Under Medicare Prescription Drug Coverage...

More detailed information about Medicare plans that offer prescription drug coverage is in the "Medicare & You" handbook. You'll get a copy of the handbook in the mail every year from Medicare. You may also be contacted directly by Medicare drug plans.

For more information about Medicare prescription drug coverage:

- Visit www.medicare.gov
- Call your State Health Insurance Assistance Program (see the inside back cover of your copy of the "Medicare & You" handbook for their telephone number) for personalized help
- Call 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048

If you have limited income and resources, extra help paying for Medicare prescription drug coverage is available. For information about this extra help. visit Social Security on the web at www.socialsecurity.gov, or call them at 1-800-772-1213 (TTY 1-800-325-0778).

Remember: Keep this Medicare Part D notice. If you decide to join one of the Medicare drug plans, you may be required to provide a copy of this notice when you join to show whether or not you have maintained creditable coverage and, therefore, whether or not you are required to pay a higher premium (a penalty).

Date: January 1, 2025 Name of Entity/Sender: Oglethorpe University Contact—Position/Office: **Human Resources** 

4484 Peachtree Road NE Address:

Atlanta, GA 30319

404-364-8325 Phone Number:

#### **Women's Health and Cancer Rights Act**

If you have had or are going to have a mastectomy, you may be entitled to certain benefits under the Women's Health and Cancer Rights Act of 1998 (WHCRA). For individuals receiving mastectomy-related benefits, coverage will be provided in a manner determined in consultation with the attending physician and the patient, for:

- » All stages of reconstruction of the breast on which the mastectomy was performed;
- » Surgery and reconstruction of the other breast to produce a symmetrical appearance;
- » Prostheses; and
- » Treatment of physical complications of the mastectomy, including lymphedema.

These benefits will be provided subject to the same deductibles and coinsurance applicable to other medical and surgical benefits provided under this plan. For deductibles and coinsurance information applicable to the plan in which you enroll, please refer to the summary plan description. If you would like more information on WHCRA benefits, please contact Human Resources at 404-364-8325.

#### **HIPAA Privacy and Security**

The Health Insurance Portability and Accountability Act of 1996 deals with how an employer can enforce eligibility and enrollment for healthcare benefits, as well as ensuring that protected health information which identifies you is kept private. You have the right to inspect and copy protected health information that is maintained by and for the plan for enrollment, payment, claims and case management. If you feel that protected health information about you is incorrect or incomplete, you may ask your benefits administrator to amend the information. For a full copy of the Notice of Privacy Practices, describing how protected health information about you may be used and disclosed and how you can get access to the information, contact Human Resources at 404-364-8325.

#### **HIPAA Special Enrollment Rights**

If you are declining enrollment for yourself or your dependents (including your spouse) because of other health insurance or group health plan coverage, you may be able to later enroll yourself and your dependents in this plan if you or your dependents lose eligibility for that other coverage (or if the employer stops contributing towards your or your dependents' other coverage).

Loss of eligibility includes but is not limited to:

- Loss of eligibility for coverage as a result of ceasing to meet the plan's eligibility requirements (i.e. legal separation, divorce, cessation of dependent status, death of an employee, termination of employment, reduction in the number of hours of employment);
- » Loss of HMO coverage because the person no longer resides or works in the HMO service area and no other coverage option is available through the HMO plan sponsor;
- » Elimination of the coverage option a person was enrolled in, and another option is not offered in its place;
- » Failing to return from an FMLA leave of absence; and
- » Loss of coverage under Medicaid or the Children's Health Insurance Program (CHIP).

Unless the event giving rise to your special enrollment right is a loss of coverage under Medicaid or CHIP, you must request enrollment within 30 days after your or your dependent's(s') other coverage ends (or after the employer that sponsors that coverage stops contributing toward the coverage).

If the event giving rise to your special enrollment right is a loss of coverage under Medicaid or the CHIP, you may request enrollment under this plan within 60 days of the date you or your dependent(s) lose such coverage under Medicaid or CHIP. Similarly, if you or your dependent(s) become eligible for a state-granted premium subsidy towards this plan, you may request enrollment under this plan within 60 days after the date Medicaid or CHIP determine that you or the dependent(s) qualify for the subsidy.

In addition, if you have a new dependent as a result of marriage, birth, adoption, or placement for adoption, you may be able to enroll yourself and your dependents. However, you must request enrollment within 30 days after the marriage, birth, adoption, or placement for adoption.

To request special enrollment or obtain more information, contact Human Resources at 404-364-8325.

### **IMPORTANT CONTACTS**



**MEDICAL** 

Cigna

800-244-6224

(General Account Questions)

www.myCigna.com

Policy #: 00631217

SUPPLEMENTAL HEALTH (ACCIDENT, CRITICAL ILLNESS & HOSPITAL INDEMNITY)

Cigna

800-244-6224

www.myCigna.com

Accident: Al961678

Critical Illness: CI961599

Hospital Indemnity: HC112096

VIRTUAL VISITS

Cigna partner MDLive

www.myCigna.com

DENTAL

Cigna

800-362-4462

www.myCigna.com

Policy #: 3343297

VISION

EyeMed

866-299-1358

www.eyemed.com

Policy #: 9836370

HEALTH SAVINGS ACCOUNT

WEX

866-451-3399

www.wexinc.com

FLEXIBLE SPENDING ACCOUNTS

WFX

866-451-3399

www.wexinc.com

LIFE AND AD&D

New York Life

888-842-4462

www.mynylgbs.com

Life: SGM0605732

AD&D: SOK0603974

DISABILITY

New York Life

888-842-4462

www.mynylgbs.com

Policy #: STD: VDT-601702

LTD: SGD-605840

RETIREMENT

Lincoln Financial 403(b) Plan

www.lincolnfinancial.com/retirement

EMPLOYEE ASSISTANCE PROGRAM

New York Life

800-344-9752

www.guidanceresources.com

Registration Web ID: NYLGBS

Policy #: SGD-605840

OGLETHORPE UNIVERSITY HUMAN RESOURCES

4484 Peachtree Road NE

Atlanta, GA 30319 404-364-8325





# NOTES





